

How to disable/enable System Restore:

In Windows XP:

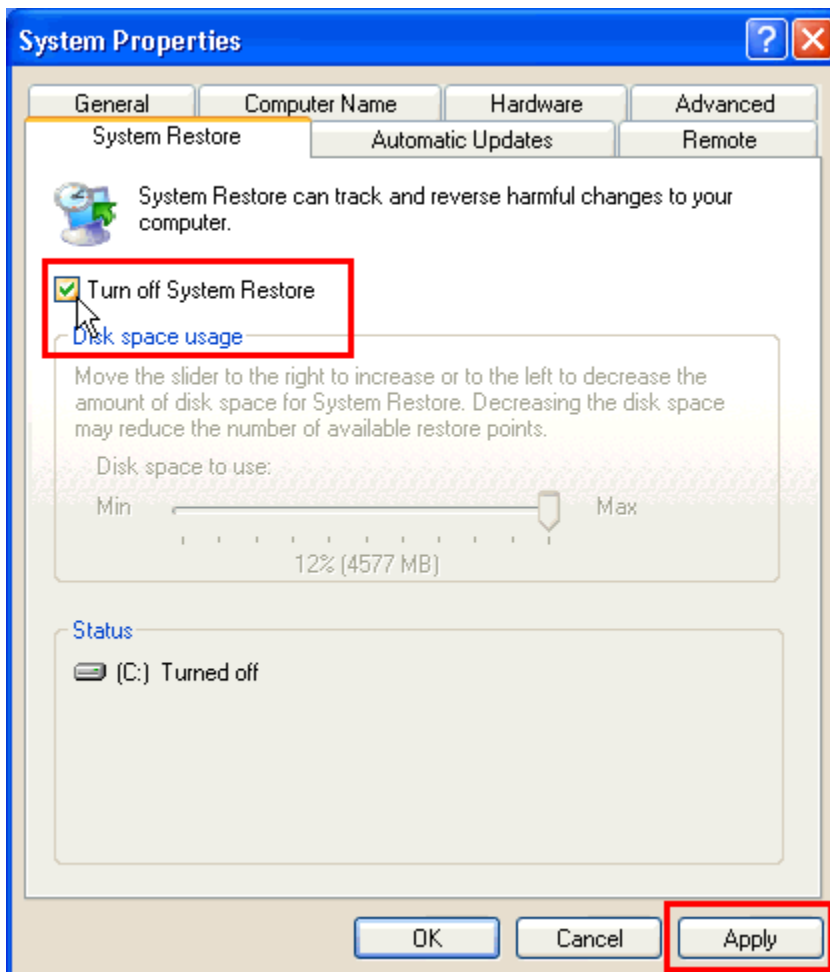
System Restore is part of Windows XP/ Vista/Win 7 and is essential for returning your computer system files back to a point in time when your computer was functioning properly → i.e. before you installed a program that mangled your system.

If you need to disable System Restore for system troubleshooting, you must log on to Windows as Administrator. Below you will find instructions that will help you determine if you are logged in as Administrator. If you never set up a password when you first logged onto your computer, you don't need a password as Administrator.

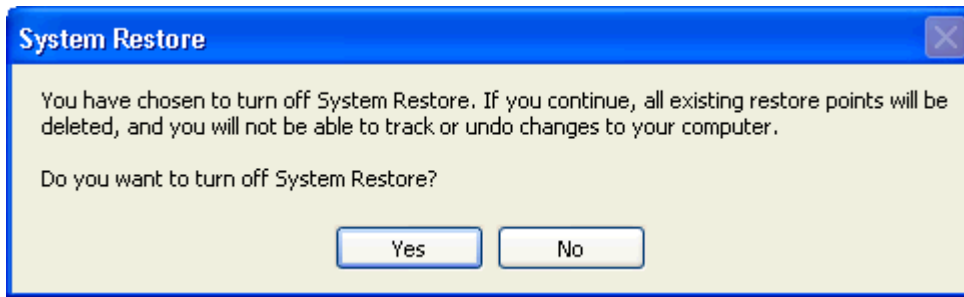
Note: If you turn off *System Restore*, you delete all previous restore points which you need to do in order to remove any viruses. You must create new restore points once you turn *System Restore* back on after you've gotten rid of the offending viruses.

To turn off Windows XP System Restore

1. Click the *Start* button.
2. Right-click *My Computer*, and then click *Properties*.
3. On the *System Restore* tab, check *Turn off System Restore (on all drives.)* as below.



4. Click *Apply*. Then you will see:



5. This deletes all existing restore points. Click *Yes* to do this.
6. Click *OK*.
7. Continue with maintenance as in removing viruses. Restart the computer and follow the instructions & then turn *System Restore* back on.

To turn on Windows XP System Restore

1. Follow the steps as above but in step 3, uncheck *Turn off System Restore* or *Turn off System Restore on all drives*. Then click *OK*.
2. Create new *System Restore* points.