

How to use “System Restore” to return Windows XP to a previous state

1. Log on to Windows as an administrator.
2. Click **Start**, click **All Programs**, then **Accessories**, then **System Tools**, and then click **System Restore**.



3. On the **Welcome to System Restore** page, click to select the **Restore my computer to an earlier time** option, and then click **Next**.

Welcome to System Restore

You can use System Restore to undo harmful changes to your computer and restore its settings and performance. System Restore returns your computer to an earlier time (called a restore point) without causing you to lose recent work, such as saved documents, e-mail, or history and favorites lists.

Any changes that System Restore makes to your computer are completely reversible.

Your computer automatically creates restore points (called system checkpoints), but you can also use System Restore to create your own restore points. This is useful if you are about to make a major change to your system, such as installing a new program or changing your registry.

[System Restore Settings](#)

To continue, select an option, and then click Next.

To begin, select the task that you want to

1

Restore my computer to an earlier time

Create a restore point



2

Next >

4. On the **Select a Restore Point** page, click the most recent system restore point in the **On this list, click a restore point** list, and then click **Next**.

Note A System Restore message may appear that lists configuration changes that System Restore will make. Click **OK**.

Select a Restore Point

The following calendar displays in bold all of the dates that have restore points available. The list displays the restore points that are available for the selected date.

Possible types of restore points are: system checkpoints (scheduled restore points created by your computer), manual restore points (restore points created by you), and installation restore points (automatic restore points created when certain programs are installed).

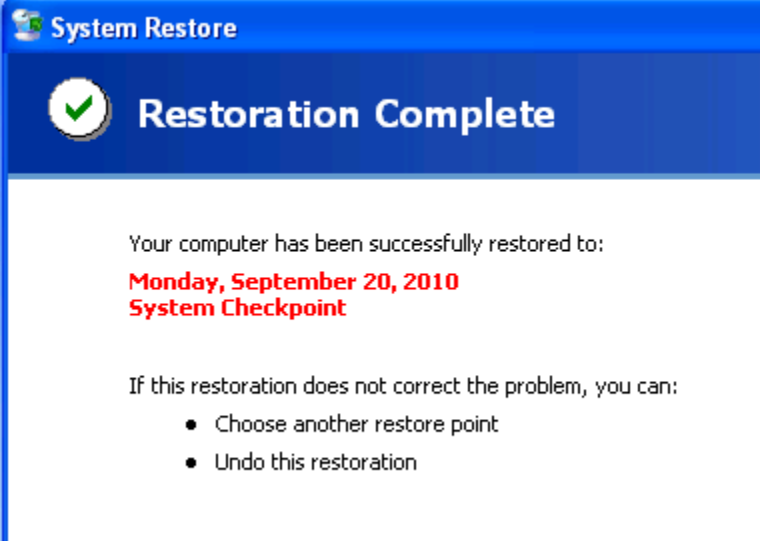
1. On this calendar, click a bold date.
2. On this list, click a restore point.

September, 2010						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2
3	4	5	6	7	8	9

Monday, September 20, 2010	
1:30:25 PM System Checkpoint	

< Back Next >

5. On the **Confirm Restore Point Selection** page, click **Next**. System Restore restores the previous Windows XP configuration, and then restarts the computer.
6. Log on to the computer as an Administrator. Then click **OK** on the System Restore **Restoration Complete** page.



If you successfully restored your computer to a previous state, and the computer performs as expected, you are finished. If the restore process completed successfully but the computer does not perform as you expected, you can undo the sys restore.